

Welcome to the Big Spring Senior Center

Open Monday thru Friday: 7:00 a.m. to 3:00 p.m.

Monthly Health Focus
Handout:
Super Foods for Seniors



Calendar of Events

Tuesday & Thursday:

Bingo.....Following Lunch

Serving Curbside
And
Congregate Meals
Call
432-267-1628
For Reservations

Caregivers Support
Group
March 14th
10:30 a.m.



Sponsored by:
Area Agency on
Aging of the Permian
Basin

AARP Tax Service every Monday from January 30th through April 3rd
8:00 am - 12:00 pm

Monthly menus are now available on channel 17. You can also check them out by logging on to www.mybigspring.com