

Big Spring Senior Center

Serving line open from 12:00 PM to 12:20 PM

OCTOBER 2022

Menu is subject to change due to availability of food.

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Spaghetti with Meat Sauce Green Beans Lemon Pudding Garlic Bread Milk	Breaded Pork Chop Au Gratin Potatoes Mixed Vegetables Orange Bread Milk	Pepperoni Pizza Lettuce and Tomato with Fat Free Ranch Macaroni and Cheese Strawberry Parfait Milk	Chicken and Dumplings Brussel Sprouts Cucumber and Tomato Salad Pineapple Tidbits Milk	Corn Dog and Mustard Green Peas Spiced Apples Rice Krispy Treat Milk
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Cheeseburger Lettuce, Tomato, Onion, Pickle Baked Beans Baked Chips Chocolate Chip Cookies Milk	Chicken Fried Steak Mashed Potatoes with Gravy Buttered Corn Banana Pudding Texas Toast Milk	Grilled Cheese Sandwich Tomato Soup Okra Muffin Milk	Pork Roast with Gravy Red Potatoes with Onion and Peppers, Baby Carrots Oatmeal Cookies Roll Milk	Chicken Nuggets Sweet and Sour Sauce French Fries Granola Bar Milk
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Sloppy Joe Potato Wedges Pinto Beans Orange Jell-O Milk	Barbecue Chicken Potato Salad Corn on the Cob Pie Texas Toast Milk	Soft Taco Lettuce and Tomato Beans, Spanish Rice Peaches Chips and Salsa Milk	Butter Beans with Ham Country Style Greens Pound Cake with Strawberries Cornbread Milk	Fish Sandwich Tarter Sauce Sweet Potato Fries Chocolate Pudding with Whipped Topping Milk
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Chicken Pot Pie with Mixed Vegetables Sliced Beets Applesauce Milk	Beef Macaroni Casserole Green Beans Lettuce and Tomato with Fat Free Ranch, Diced Pears Roll Milk	Fried Burrito with Chili and Cheese French Fries Stewed Tomatoes Fruit Cup Milk	Chopped Steak Brown Gravy Buttered Noodles Broccoli and Cauliflower Strawberry Jell-O Milk	Chicken Salad on Croissant Cottage Cheese with Peaches Baked Chips Pistachio Salad Milk
Monday 31				
Beef Stew with Mixed Vegetables Rice Pilaf Brownie Cornbread Milk				Reservations accepted 24 hours in advance. Call 267-1628 before 3 p.m. daily.