

Big Spring Senior Center

Serving line open from 12:00 PM to 12:20 PM

# JULY 2022

Menu is subject to change due to availability of food.

Reservations accepted 24 hours in advance. Please call 267-1628 before 3 p.m. daily for reservations				Friday 1
				Breaded Pork Chop Red Potatoes Stewed Tomatoes Applesauce Milk
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
	Chicken Fried Steak Mashed Potatoes with Gravy Green Beans Cookies Rolls Milk	Chopped BBQ Sandwich Pinto Beans Coleslaw Muffin  Milk	Chicken Noodle Casserole Mixed Vegetables Fruit Cup Biscuit  Milk	Fish Sandwich Tarter Sauce Black Eyed Peas Okra Granola Bar Milk
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Teriyaki Chicken Steamed Rice Mixed Vegetables Peaches Egg Roll Milk	Spaghetti with Meatballs Broccoli and Cauliflower Green Salad with Dressing Diced Pears Garlic Bread Milk	Beef Enchiladas Spanish Rice Refried Beans Jell-o Chips & Salsa Milk	Chicken Salad Macaroni Salad Chilled Beets Oatmeal Cookies Crackers Milk	Corndog Mustard Onion Rings Spiced Apples  Milk
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Hamburger Baked Chips Lettuce, Tomato, Onion, Pickle Ranch Style Beans Tapioca Pudding Milk	Chicken Strips Mashed Potatoes with Gravy Mixed Vegetables Brownie Biscuit Milk	Smoked Sausage Macaroni and Cheese Cucumbers in Italian Dressing Chocolate Pudding Bread Milk	Chopped Steak with Grilled Onions Rice Pilaf Fried Okra Pistachio Salad Rolls / Milk	Beef & Bean Burrito with Cheese Spanish Rice Fiesta Corn Orange Milk
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Philly Cheese Steak with Peppers & Onions Baked Chips Granola Bar  Milk	BBQ Chicken Potato Salad Ranch Style Beans Peach Cobbler Bread Milk	Butter Beans with Ham Spinach Pound Cake Cornbread Milk	Meatloaf Mashed Potatoes Peas with Pearl Onions Muffin Buttered Rolls Milk	Battered Fish Tarter Sauce Waffle Fries Hush Puppies Pineapple Tidbits Milk