

Big Spring Senior Center

MARCH 2022

Serving line open from 12:00 PM to 12:20 PM

Menu is subject to change due to availability of food.

	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
	Spaghetti Noodles with Meat Sauce Mixed Vegetables Salad with Fat Free Ranch Jell-O Garlic Bread / Milk	Chili Dog Cheese and Onion Tator Tots Banana Pudding Milk	Beef Fajita Burrito Pinto Beans Lettuce and Tomato Fruit Cup Chips and Salsa Milk	Battered Fish with Tarter Sauce Macaroni and Cheese Hush Puppies Applesauce Milk
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Pork Roast with Gravy Potatoes and Carrots Peaches Roll Milk	Green Chili Stew Steamed Rice Pink Salad Cornbread Milk	Chicken and Dumplings Green Peas Salad with Dressing Angel Cake with Strawberries and Whip Milk	Hamburger Steak with Grilled Onions AuGratin Potatoes Oatmeal Cookies Bread Milk	Chicken Strips Gravy French Fries Rice Krispy Treat Roll Milk
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Pork Tamales Pinto Beans Mixed Fruit Milk	BBQ Chicken Potato Salad Corn on the Cob Jell-O Roll Milk	Cheeseburger on a Bun with Lettuce, Tomato, Onion, and Pickle French Fries MuFat Freein Milk	Chicken Fajita Burrito Spanish Rice Lettuce and Tomato Cookie Chips and Salsa Milk	Beef and Macaroni Casserole Green Beans Granola Bar Cornbread Milk
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Philly Cheese Steak Potato Chips Green Salad with Tomatoes Banana Cake Milk	Meatloaf Mashed Potatoes Black Eyed Peas Diced Pears Roll Milk	Loaded Baked Potato with Cheese and Broccoli Corn on the Cob Chocolate Chip Cookies Milk	StuFat Freeed Peppers Roasted Red Potatoes Cauliflower Berries with Whipped Cream Milk	Chicken Salad Pasta Salad Peaches with Cottage Cheese Pistachio Salad Crackers Milk
Monday 28	Tuesday 29	Wednesday 30	Thursday 31	
Beef Stew with Vegetables Cake Cornbread Milk	Grilled Cheese Sandwich Tomato Soup Breaded Okra MuFat Freein Milk	Breaded Chicken Peas and Carrots Rice Pilaf Fruit Roll Milk	Smoked Sausage BBQ Sauce Corn Beans Banana Milk	Reservations accepted 24 hours in advance. Call 267-1628 before 3 PM daily.