



ENTRY LEVEL PHYSICAL AGILITY TEST

Each event is timed and applicants must complete the event within the prescribed time limit in order to proceed to the next event and remain eligible for employment consideration. No applicant will be permitted to re-take any portion of the physical agility.

The Police Department Physical Agility Test will consist of the following events in the order listed:

1. **TRIGGER PULL: 15 seconds per hand** – Using a department issued weapon, the applicant will pull the trigger thru twelve (12) times with the strong hand using the index finger. Weapon will be held at shoulder point, away from the body. The exercise will then be repeated with the weak hand. Applicant may use his/her own personal weapon with prior department approval of the weapon by the department armorer.
2. **SHOTGUN LOAD: 30 seconds** – Using a department issued Remington 870 shotgun, the applicant will load the shotgun with four (4) dummy rounds and cycle all shells through the weapon while at shoulder point.
3. **220-YARD RUN: 42 seconds** – The applicant will run 220 yards over a designated course is the time allotted.
4. **165 LB DUMMY DRAG: 35 seconds** – The applicant will begin the event seated in a police vehicle with the door closed. The applicant will exit the vehicle, run 75 feet away and retrieve a dummy weighing 165 pounds. The applicant must drag the dummy back to the vehicle, completely past the front bumper of the vehicle.
5. **OBSTACLE COURSE: 80 seconds** – Applicant will drive a police vehicle to a specified location, stop and secure it. Applicant will exit the vehicle, running to and proceeding through the tires, hitting each tire. Applicant will then proceed to and through a tunnel. Upon exiting, the applicant will proceed to a set of four (4) foot bars, going over the first bar and will then zigzag between the remaining bars, not touching the bars. The applicant will proceed to the incline wall, climb it, touch the top rung, cross to the opposite side and climb down. The applicant will run to a four (4) foot wall, go over it and run past the finish line. During the obstacle course, the applicant will be expected to locate and identify verbally, three (3) items. A five (5) second penalty will be assessed for each item not located.

YOU MUST BRING TENNIS SHOES & GYM CLOTHES FOR PHYSICAL AGILITY TESTS.