

Welcome to the Big Spring Senior Center

Open Monday thru Friday: 7:00 a.m. to 3:00 p.m.

Monthly Health Focus

July 20th

11:00a.m. - 11:50a.m.

Eat Right When Money's Tight



Tuesday & Thursday
After Lunch

Calendar of Events

Daytime Activities:

Dominoes, puzzles, and a light library.

Tuesday & Thursday:

Bingo.....Following lunch

Friday:

Dances.....7th & 21st

The Senior Center will be closed July 4th.



Caregivers Support

Group

July 11th

10:30 a.m.



Sponsored by:
Area Agency on
Aging of the Permian
Basin