

**Welcome to the Big Spring Senior Center
Open Monday thru Friday: 7:00 a.m. to 3:00 p.m.**

**Monthly Health Focus
Handout:
Calcium & Vitamin D**



Calendar of Events

**Tuesday & Thursday:
Bingo.....Following Lunch**

**Senior Dance:
First Friday of every month 7 p.m. - 10 p.m.
Entry Fee \$5. for more info call 432-517-9097**

**Serving Curbside
And
Congregate Meals
Call
432-267-1628
For Reservations**

**Caregivers Support
Group
May 9th
10:30 a.m.**



**Sponsored by:
Area Agency on
Aging of the Permian
Basin**

Center will be closed Monday May 29th for Memorial Day

Monthly menus are now available on channel 17. You can also check them out by logging on to www.mybigspring.com